



Sybelles
.ski *sybelles*

Walking tours and snowshoeing









2€

Suggested by the Tourist Office
of Saint Jean d'Arves - Les Sybelles

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The 8 rules before leaving


-  Check the weather before leaving. Do not hesitate to reschedule if needed.
-  In your backpack, take gloves, sunglasses, water, sweet snacks, sunblock, and a hat
-  Respect the private properties you might walk by and the quietness
-  Keep your dog on the leash
-  Bring back your trash
-  Take a cellphone, fully charged (watch out for the cold)
-  If you have any doubt, call the Tourist Office (itinerary, weather, advices)
-  In case of an accident: protect the victim from the cold and another accident, alert or have someone alert the rescue squad by giving your most exact location



Recommendations

 Walking itineraries : at least have a trekking pole. We advise you to wear shoes with crampons to prevent ice falls.

 Snowshoeing : have the adequate shoes and a pair of trekking poles.

 You can access all the itineraries starts by taking the village shuttle (free). Timetable available at the Visitor Center or at the bus stops.

The snowshoe routes are marked with purple square panels and blue rectangular panels as below:



Each route on the sector is identified by a number.

The color corresponds to the difficulty of the route: green, blue, red or black. As for the ski slopes. The difficulty is defined according to the distance to be covered and/or the elevation.

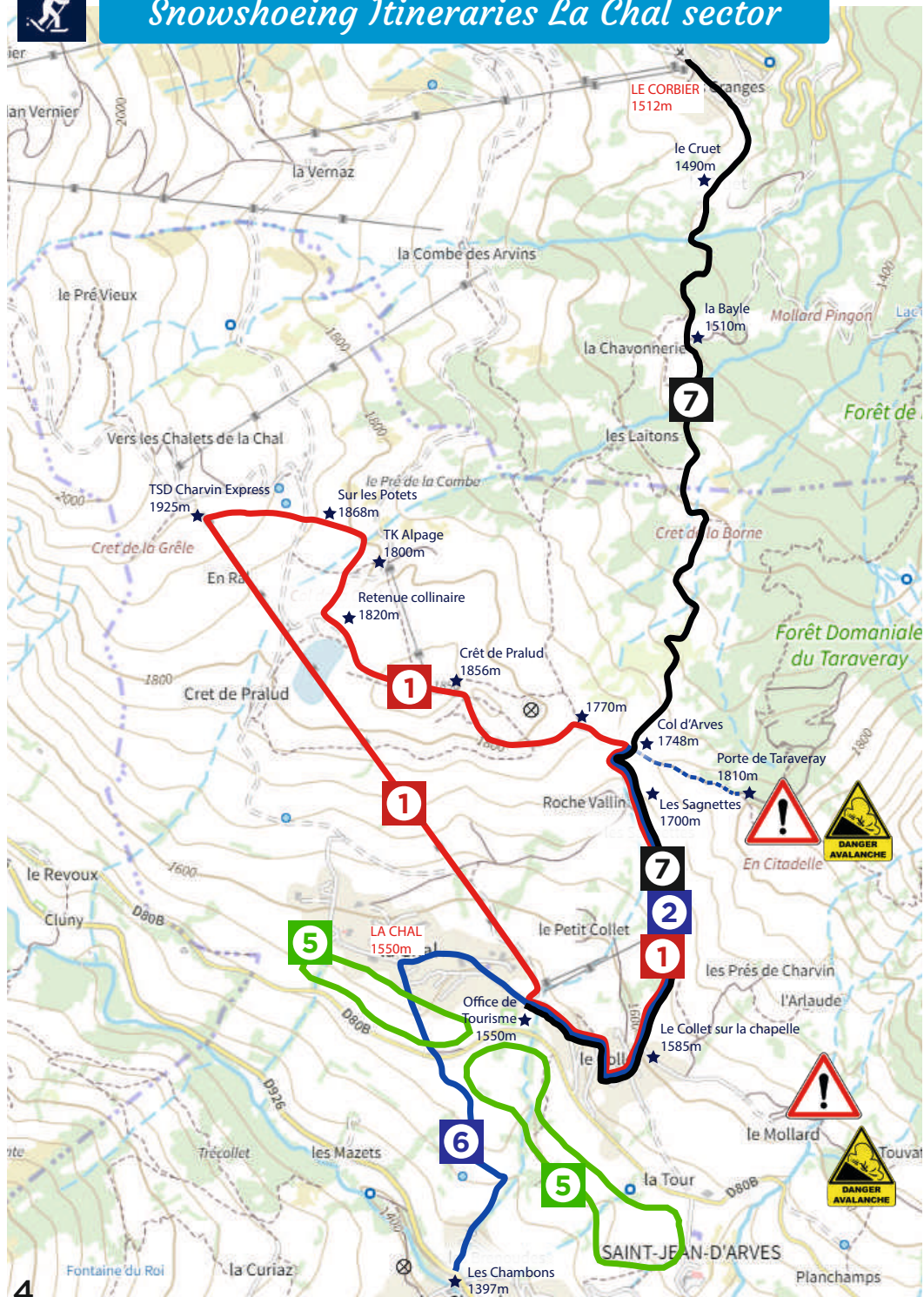
In addition to the purple signs, you may encounter blue signs on your route. They will give you indications on the average time to reach the stages of your itinerary. The yellow panels, of the same shape, concern the hiking routes in summer.

Taking a summer route in winter means risking getting lost, venturing into an avalanche-prone area or arriving on ski slopes. For your safety, only take the routes marked with blue and purple signs!





Snowshoeing Itineraries La Chal sector



5 Nordic area : Snowshoeing / Cross country ski / Sledged dogs ~



Itinerary

- La Chal small loop : 15 min
- La Tour big loop : 50 min

Level

Easy

Elevation

20 m

Route

Departure from the ESF snow garden. Routes recommended. Attention priority sled dogs. As soon as you see them coming towards you, move to the side of the track, all on the same side. If you have a dog, the person holding the dog on a leash must go genuinely off-trail at least 25 meters away.

2 Round trip to Col d'Arves ~



Itinerary

Round trip : 1 h 45

Level

Average

Elevation

200 m

Route

Start from the sign on the snow front, near the Praz de Charvin ski lift.

Duration of progression ascent 1h - descent 45 min. Be careful, when the rural road of the Col d'Arves is next to the alpine ski slope of Lièvre : stay as close as possible to the mountain side. From the Col d'Arves, an orientation table with commentary in summer mode and its benches welcome you. If you wish, you can continue along the ridge line to "Porte de Taraveray", then retrace your steps.

6 Link between la Chal and les Chambons, access to 3 4 ~



Itinerary

Way down : 30 min

Level

Average

Elevation

- 150 m

Route

Departure from the Tourist Office. Go up the shopping street for 400 m and, at "Oule Verte", go down to the left, carefully cross the RD80B, slightly on your left, a blue blade invites you to continue "Petits Ecours" then towards "Chambons". From there, going up the Chambons tarmac, you reach the Nordic area.

1 Charvin Express Chairlift summit ~



Itinerary

Ascent by chairlift, descent with snowshoes : 1h55

Level

Average ++

Elevation

- 375 m / + 60 m

Ascent (2h10) and descent with snowshoes (1h55)

Hard (long)

+375 m / - 435 m

Route

Option 1: ascent by Charvin express chairlift (pass) and descent on snowshoes by the marked trail which will take you through the Col d'Arves to reach La Chal.

Option 2: ascent and descent with snowshoes. From the snow front, follow the blue sign «Le Collet / le Col d'Arves». At the Col d'Arves, follow the blue sign «Cret de Pralud / Retenue Collinaire / Sur les Potets» to reach the chairlift plateau. Return by the same route. Never follow the ski slopes except to cross them where it is planned (in the event of an accident with a skier, your responsibility would be engaged).

7 Roundtrip to Le Corbier ~



You must leave in the morning before 10.30am

Itinerary

By Col d'Arves : 5h30

Level

Hard(long)

Elevation

Aller : + 260 m / - 280 m

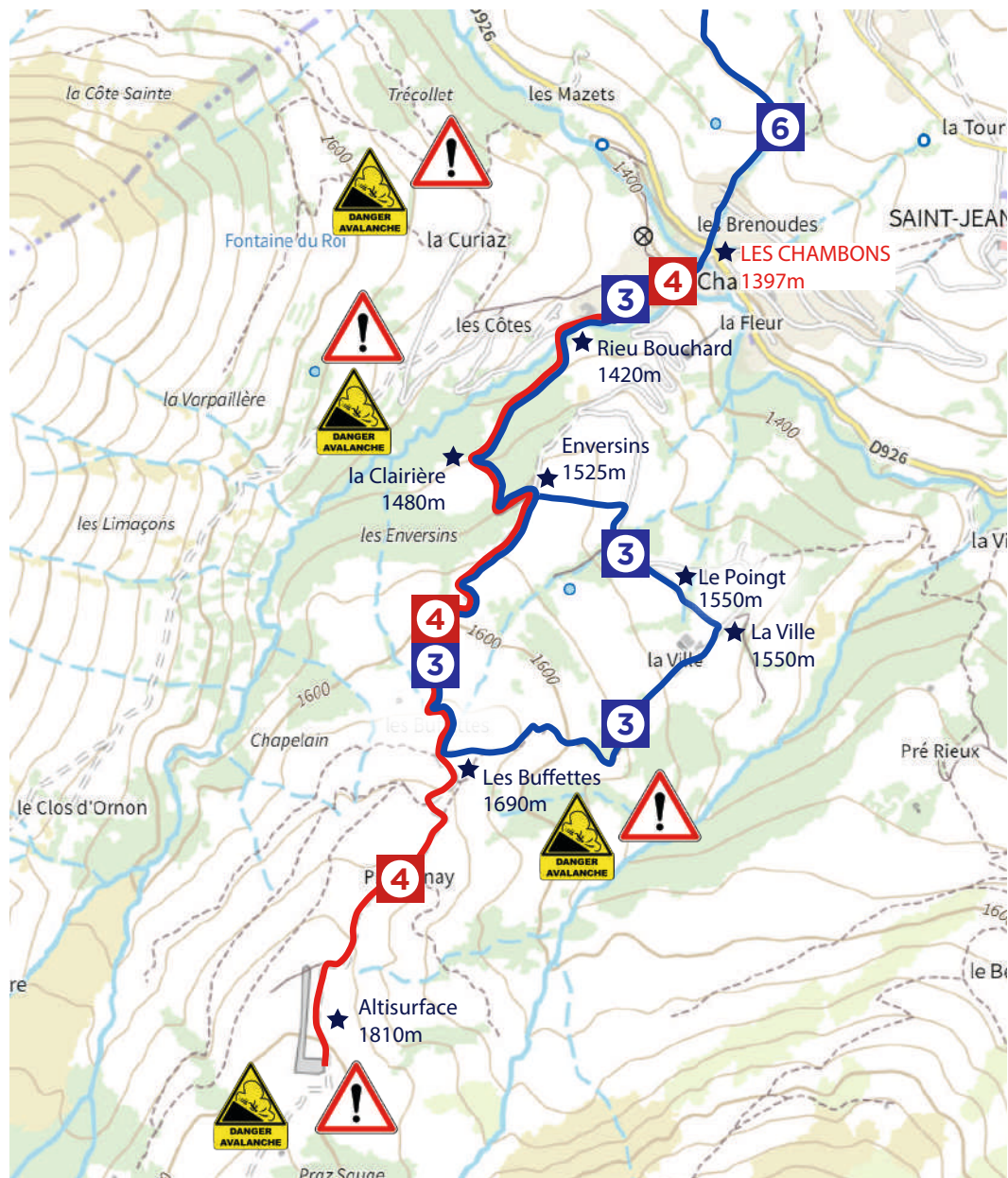
Retour : - 260 m / + 280 m

Route

Follow the route to the Col d'Arves. At the pass, descend opposite and join "La Bayle" then "Le Cruet" which takes you to the bottom of Le Corbier station. On the way back, follow the same route.



Snowshoeing itineraries Chambons sector



3 *Les Buffettes loop*



Itinerary

Loop : 2 h

Level

Average

Elevation

270 m

Route

Departure from the bottom of the hamlet of Les Chambons. After passing the Clos d'Ornon, the blue blade device «Rieu Bouchard», on the left, takes you up into the forest. At La Clairière, turn left (purple poles). When you reach the blue sign "Enversins", go straight ahead and cross the snow meadow (mauve poles), follow the road straight ahead and at "La Ville", climb (mauve poles) to "Les Buffettes". There, go down the track to Enversins and take the outward path.

4 *Round trip or loop at the high altitude airstrip*



Itinerary

Roundtrip : 2 h 30

Level

hard(long)

Elevation

450 m

Long variant : 3 h 15

Route

Departure from the bottom of the hamlet of Les Chambons. After passing the Clos d'Ornon, same route as 3 and at "Enversins", take the track going up to the right in the direction of "Buffettes / Altisurface". Arrived at the «Buffettes», continue the track uphill towards the Altisurface. Descent by the same route.

Arrived again at the Buffettes, you have the choice:

- **Short route** : Retrace your steps and reach "Rieu Bouchard".

- **Long route** : From the «Buffettes», take the direction «Le Poingt-La Ville» on your right. The path makes several bends downhill (purple poles) and you arrive at the top of "La Ville". At the intersection (tarmac), turn left towards Les Chambons. 200m after the junction of the two Poingt roads, follow the mauve poles and cross the meadow which takes you to "Enversins". There, go opposite and go down to "Rieu Bouchard".

6 *Link between Les Chambons and La Chal (via Petits Ecours)*



Itinerary

Ascent : 45 min

Level

Average

Elevation

150 m

Route

Departure from the Chambons bridge. Go up opposite (left path). You arrive at the "Petits Ecours". From the square on your left, go up opposite to join the RD80B. Cross it carefully and on your left, continue your climb to "Oule Verte".



Areas subject to avalanche risk



Location of the blue plaques at the end of the route recommended

Avalanche risk level 3 or more:
Access prohibited on the snowshoe routes in the Chambons sector. To know the daily weather conditions.

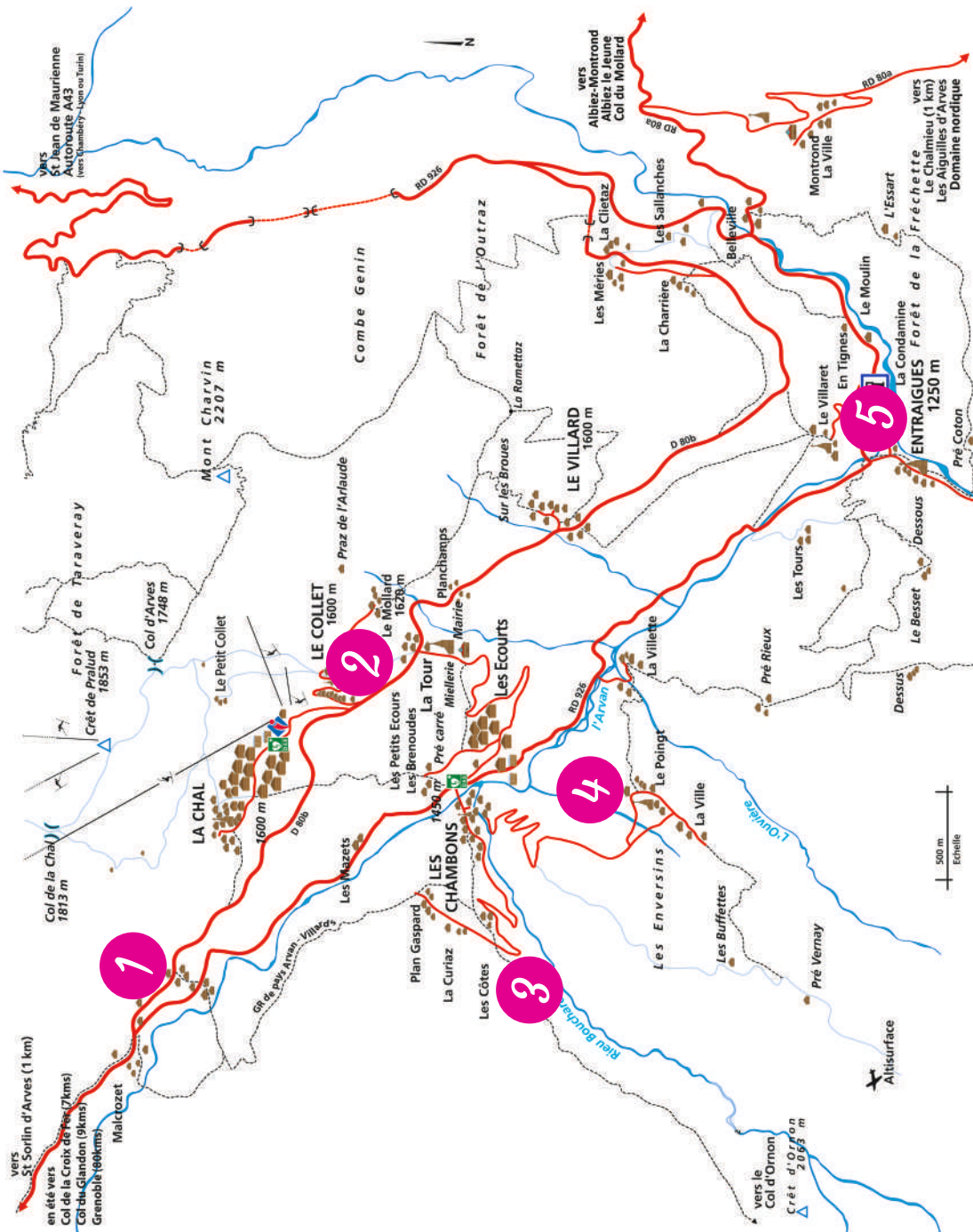


BEYOND THIS POINT, MOUNTAIN AREA
Avalanche risk and risk of getting lost
Mountain rescue: 112

These winter routes set up by the municipality of Saint Jean d'Arves are specific to snowshoers and pedestrians and are not subject to opening, closing or private rescue service. Beyond these winter routes marked in blue, be aware that you are in a «mountain zone» subject to snow hazards and/or a risk of getting lost as soon as the weather and visibility conditions are poor. Even without snowshoes, a pair of poles is an aid on frost-hardened or lightly snow-covered ground. In any case, be careful and respectful of other mountain users. Good walks!



Walking tours





Cheese factory & Saint Sorlin d'Arves

1

Itinerary

Round trip 1 h

Level

Easy with one steep part, wear good shoes

How to get there

La Chal bus stop

Interest

Tour of the cheese factory and its museum area*

Route

Start from the Tourist Office.

From here, take the road leading into the hamlet La Chal. Walk by the shops and keep on walking on the main road. Once on the chapel's square (which is on your right), follow the path going down on the left towards the "Chavonnerie" and "Fromagerie". Be sure to be well shod. It's a wild path. The state of the path depends on the snow and mud at the time. Once you reach the road, take right towards Saint Sorlin d'Arves (on the right, the path behind you).

Furthermore : from the cheese factory, you can keep going on the road along the refining cellar to reach the center of Saint Sorlin d'Arves (20 minutes from the cheese factory) .On the way back, take the same itinerary.

* Hours and conditions at the Tourist Office.





La Tour, Le Collet, Le Mollard, La Chal Heritage walk *

2

Itinerary

Level

Loop 2 h

Easy (slight slope)

How to get there

Town Hall bus stop (across from the honey maker house)

Interest

- Visit the honey maker house
- Visit the donkey farm
- Orientation table

Route

Start from the town hall or the church.

Go up the road toward the crossroad walking by the inter-municipal school (Saint Jean d'Arves and Saint Sorlin d'Arves) where 35 kids go, as well as the public library. Cross the road towards the path bordered with ancestral willows. Keep walking up until reaching the hamlet "Le Collet". You will arrive close to the chapel Sainte Brigide, through the door window you can have a peak inside.

Keep walking on the main road until you find yourself at the bottom of the dirt road to Le Col d'Arves that used to lead to Saint Jean de Maurienne. Keep walking on the main road until you reach the orientation table where you can read the landscape. At the end of the road, further away is the hamlet "Le Mollard". You can walk through it and see the traditional farmhouses.

Come back down the road and when you are at the chapel, take the road on your right. 150m below, a yellow sign will indicate a shortcut to the snow front, otherwise follow the road (an extra 600m on the road). If you parked your car next to the town hall, take a left at the end of the road.

* Ask for the specific guide in our Tourist Office





Les Chambons - Plan Gaspard

3

Itinerary

Round trip 1h15

Level

Easy (regular slope)

How to get there

Les Chambons bus stop

Interest

Panorama on the main hamlets of Saint Jean d'Arves «ski side»

Route

Start from the bridge at the entrance of the hamlet Les Chambons.

Cross the bridge and follow the road walking by a cross (on your left) and the chapel "Saint Antoine and Saint Roch". Keep walking up until the last house of the hamlet "Le Clos d'Ornon". From there, turn around and enjoy the lovely landscape. Keep walking on this road surrounded by thickets until you arrive at the hamlet "Les Côtes". When the houses are on your back (look at the Aiguilles d'Arves), you will see the "plateau des Enversins" (snowshoe walk "Chambons sector").

Down below, in the valley Rieux Bouchard, you can frequently see roe deers and does. Keep going up to reach a hairpin bend. A little bit further, you will find the hamlet of la Curiaz and plan Gaspard, where most of the homes are traditional farms, one of which is still in operation. If you go until the end of the parking lot, you will have a great view of the left bank of the Arvan river et the ski resort with on the further west the Ouillon summit (2432m); on your left a little closer Mont Corbier summit (antenna 2265m) and you the right Mount Charvin (2207m) and the Outraz forest. In this spot, you are at the same height than the hamlet of La Chal, on the edge of the glacial moraine.

These hamlets are said "rising sun" because at all season, they are the first ones to have the sun in the morning.

On the way back, take the same itinerary.





Les Chambons - Le Poingt

4

Itinerary

Round trip, 1h15

Level

Easy (regular slope then flat)

How to get there

Les Chambons bus stop

Interest

Important agricultural and historical place, typical hamlet

Route

Start at the bridge at the entrance of the hamlet Les Chambons.

Right before reaching the chapel "Saint Antoine et Saint Roch", follow the road towards "Le Poingt - La Ville". Keep going up the hair pined bend road, with behind you, the landscape opens onto residential and touristic hamlets and the ski resort.

Info: this road is not paved and is one of the hardest to maintain in a good shape for the village of Saint Jean d'Arves. In fact, it is located on the edge of the glacial morain which is in perpetual erosion.

Once you have reached the top of the hair pined bend road, a path directs you towards "Altisurface" (snowshoeing walk altisurface and les Buffettes).

Keep walking on the road, which will be flat soon. When you reach the fork, take the right road ahead to get to the hamlet La Ville where there will be a farm. At the crossroad, you will see the mountain Montzard (2107m) across from you. With luck, you might be able to see buffs.

Follow the road on your left to reach the hamlet Le Poingt and its traditional houses. Right after the left turn, you can make a round trip to the chapel "Saint Laurent", fully restored by the local heritage charity. Keep walking on the road that climbs slightly left to reach the fork. Right before the fork, below left, a water reservoir (locally called "bachal") is supplied by a maintained source.

Start coming back and at the end of the plateau, close to the hiking sign "Le Plateau", a bench on your right, offers you a panoramic break: l'Ouillon all the way to the left, the Aiguilles d'Arves (3514m) and the Mount Charvin (2207m) and its forest in between.





Entraigues Hamlet *Heritage Walk**

5

Itinerary

Round trip, 45 min

Level

Easy (flat)

Interest

- Heritage Walk
- Sundial

How to get there

Entraigues bus stop

Histoire

Entraigues (intraquae) = “in between waters” at the confluence of the Arvan (down from the etendard glacier) and the Arvette (from les Aiguilles d’Arves). One of the 22 of Saint Jean d’Arves’ hamlets has, since 1840, its own church because it’s too far from the main hamlet “La Tour”, close the hamlet La Chal.

Route

Start from the parking spot in the back of the hamlet. Once you are there, you can wander around and you will see, the bridge, the bachal (used to be used by the community), traditional houses, the ancient high school, the church of Entraigues and its sundial, a bower (former ball room), Guille statue (former guide native from this hamlet, pioneer in the conquest of the Aiguilles d’Arves).

* Ask for the specific guide in our Tourist Office





To go further

To unravel all the secrets of this beautiful nature, call a professional!

Our service providers organize group snowshoes hikes.

During the day, discover the valley, its heritage and its breathtaking landscapes.

At night, put on your snowshoes for a hike under the stars before going to enjoy a typical Savoyard dinner.

SNOWSHOEING OUTINGS WITH A GUIDE



BUREAU MONTAGNE DES ARVES



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contact@bma73.fr www.bureau-montagne-arves.fr

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TARIFS GROUPE <small>GROUP RATES GROEPSTARIEF</small>	Half-day trips	200€
	Day trips	300€

Only go in the mountains if weather conditions are correct.
Please be back before dark.

Be properly equipped for the mountain.

Emergency : 112

Discover Saint Jean d'Arves in summer !

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Family activities / Entertainments for all

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Discovery of the mountain life

Summer guides on www.sja73.com

& at the visitor center.



Saint Jean d'Arves | SJA73

DESTINATION

Emotions



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www.sja73.com



Winter opening | **Horaires d'ouverture hiver** | *Openingstijden*

[La Chal](#)

Tous les jours : 8h45 - 12h30 | 14h - 18h